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Quote for Speaking Engagement—GENERAL QUOTE FOR ALL INSERVICE INQUIRIES. WE CAN WORK OUT A SPECIFIC QUOTE FOR YOUR NEEDS.

Date: OPEN (August/September/January/May/Summer months best. Weekends, Mondays or Tuesdays best days.

Presenter: Jan McCleskey, MA, OTR

Inservice:

First Strokes Multi-sensory Handwriting Workshop
Or, inservice tailored to your facilities needs.

Speakers fee: Varies with each inservice (some require more set up, some are LONGER inservices, etc. If I bring labs, there is a small charge, and... this is always their favorite part. See workshop outlines for prices. . Will need 16 tables in a separate room with enough space to walk around the tables, if I bring labs. I would highly suggest bringing the 50 lab stations (large group) or the multi-sensory labs (smaller group of 45 or less). – this is their favorite part of the workshop

Travel: Airfare plus car rental or taxi

Shipping: One to two lab boxes

Hotel: Close to inservice site. If I need to bring labs, I need 2 hours to set up before the workshop (it is a 20 minute takedown though). If you provide helpers, we can usually get the labs set up in about 45 minutes to an hour.

Copying Cost for handouts/materials –

1. Total pages for handouts (several) usually run approximately 60 pages.
2. I have a CD that has massive handouts and resources. I would suggest buying a CD at \$1.50 per person.
3. Can purchase a mini grasp kit for \$3.50 per person (tongs, tweezers, blocks, marbles, top, reproducible wksheet for tracing)

I will get Discount School Supply to send prizes, catalogs for inservice if possible. They send free paint for prizes.

I can gear an inservice to your needs. Please see accompanying outlines of several outlines of recent workshops: Workshops can be geared towards teachers, or primarily for OT's, or general for both. I also included an outline for a 2 day workshop in case you wanted to sponsor a two day workshop. Some districts do one day with teachers and another day with OT's. Workshops can be adapted to spend more time talking about students in different populations—the general inservice touches on ALL populations, but sometimes a facility might want more information on general handwriting students, beginning learners, preschoolers, students with learning disabilities or students with more special challenges such as autism or Down's syndrome. Again—the general inservice covers all populations - but if your facility has a specific population or age level of students, the workshop would need to be adapted. The general inservice includes information for preschool - older students (it is never to late to help students—even teens or adults!) In general, if the group is OTs I would suggest the Day 1 First Strokes Inservice, followed by a Day 2 Experiential Lab Day (optional). If the group is a group of mostly teachers, I would divide it out by age group - it is a full day workshop for preschool through 1st grade, and an afternoon inservice (same day) for the 2nd grade and above teachers (OT staff would enjoy these workshops as well).

Audiovisual Needs:

Mic (wireless usually best)

Marker board (large) or a flip chart (lots of paper) with red/blue/black markers

Power cord

Infocus (or I can bring my own for \$50)

Room Set up—This can vary - can even use a separate room for optional lab set up. I have charts attached for general room set ups. If I bring labs, I can put them around the room, or in a separate room.

***** You will need to provide an address so that our office can ship boxes.**

***** I will need to get into the workshop room ahead of time (and this varies from several hours to about an hour and 1/2, depending on lab set up, helpers, etc)**

Please note: The Handwriting Clinic is an AOTA approved provider of inservices. For inservices sponsored by facilities other than our clinic, your facility is in charge of CEU's or contact hours, and we cannot give out AOTA certificates. It is your facilities responsibility to advertise and to provide continuing education credit. AOTA requires us to inform other sponsoring agencies that

NEW! First Strokes® Multi-sensory Handwriting Workshop — a Handwriting, Visual and Fine Motor Day - with 50 lab stations!

This workshop is the inservice that we do 90 percent of the time when we sponsor our workshops. It accommodates large audiences well. For groups of 85 or less, I can bring the 50 lab stations. For groups of 85 or more, this workshop would need to forego labs and mostly be lecture—although we do some out of seat activities. If I do not do labs, I spend a little more time on keyboarding, autism, and adapting curriculum for students with autism. I cover this in the workshop anyway, but we do some more in dept problem solving, doing group discussion and case studies without the labs. Without labs, this workshop would accommodate as many guests as you would like to bring in - no limit, as long as the screen is large enough to see. \$1200 with out labs, \$1300 with walk around labs. This workshop is appropriate for teachers and therapists, and therapists with general caseloads ranging from preschool through older students. Therapists with severely challenged students to students with mild to severe learning disabilities or fine and visual motor delays, would benefit from the structure of covering ALL these topics. **Optional: \$3.00 per person - receive mini grasp kit with tweezer tongs and manipulatives. Optional \$20.00 per person, get a reduced price on our Pencil Gymnastics Kit: (\$24.95 value).**

This workshop goes over handwriting techniques that can be used within ANY handwriting program, and goes over techniques for therapeutic, multi-sensory intervention. This workshop talks about integrating handwriting techniques within a classroom to empower teachers to help all students, including the students who struggle. Many OT's take this workshop to go back to their facilities and train or consult with teachers—and training handouts are provided! The workshop talks about children with poor fine motor and visual motor skills, and discusses in depth, students that would normally be on an OT's caseload. It talks about students with dyslexia, dysgraphia and learning disabilities. Techniques for students with cognitive challenges, autism and other diagnoses will be integrated into the workshop, with a special section at the end of the workshop, on specific techniques for these populations, using adaptive and integrated techniques within an IEP.

7:30 - 8:00	Registration
8:00 start time!	Introduction and Fabulous Lab Demonstration!
8:15 - 8:45	Learning to Write in School - too fast, too soon, too hard - problems with students who have poor fine and visual motor skills, dyslexia or dysgraphia
8:45 - 9:45	Empowering teachers to Integrate Handwriting Within the Classroom with NO TIME but still helping kids that struggle! A toolkit of FUN, high interest activities for large motor, medium motor, and small motor learning techniques to help students with fine motor and visual motor delays. Receive training handouts for YOU to teach staff ways to better integrate ANY handwriting program within the classroom, clinic or therapeutic setting.
9:45 - 10:00	BREAK
10:00 - 10:05	Motor Lab Overview - Participants will participate in motor lab activities for handwriting
	RECEIVE: * Handout of Multi-sensory Gym Activities
10:05 - 10:30	Overview of First Strokes Print Programs using lab demonstrations of cool large, medium and small motor techniques
	Case studies
10:30 - 11:15	Remedial Strategies for therapeutic intervention: RECEIVE: * Hand out for YOU to teach an inservice on Remedial Strategies and Errors within YOUR program. RECEIVE: * Handout on Multi-sensory Handwriting
11:15 - 11:30	First Strokes NEW Cursive Program overview (all inclusive - has remedial techniques integrated within program!)
11:30 - 12:30	LUNCH - on your own
12:30 - 12:45	LAB DEMONSTRATION: Therapeutic “facilitated writing” using Exploding Playdough and Other Zany Writing Topics
12:45 - 1:00	GRASP LAB: “Group activity for How to Teach Grasps on a Pencil” OPTIONAL: FOR \$3.00 per person RECEIVE MINI GRASP KIT WITH TWEEZERS/manipulatives
1:00 - 1:45	GRASP DEVELOPMENT: INTEGRATION STRATEGIES FOR THE PPRESCHOOL - K CLASSROOM Research Studies - Should we change funky grasps? CREATIVE Intervention Strategies that even seasoned therapists will love, Prevalence of Grasp Errors, Problem Solving
1:45 - 1:55	Break
1:55 - 2:20	Grasp Continued
2:20 - 3:20	<u>WALK-AROUND MULTI-SENSORY WRITING AND GRASP LABS!! (50 lab stations!)</u> Explore the COOLEST multi-sensory teaching strategies for grasp development and letter formation. RECEIVE: Handout on all labs, Resource List Handout (to develop your own fine motor and multi-sensory handwriting “bin”)
3:10 - 3:15	Lab Breakdown/Break
3:15 - 3:35	Assistive Technology versus Handwriting - an integrated approach for students with learning disabilities, dyslexia. Multi-sensory Keyboarding - How to teach keyboarding multi-sensory RECEIVE: Multi-sensory Keyboarding and Assistive Technology Resource List
3:35 - 3:55	Adapting curriculum for low cognitive students or autism - a creative way to make your own handwriting curriculum
3:55 - 4:00	Post evaluation, group questions, prize give-away, wrap up

Course Objectives: The goal of this workshop is for the attendee to have a resource of information to be able to inservice staff at their own facility!

- Recognize the typical progression of handwriting in school and how to adapt ANY handwriting program to be more successful for students that struggle
- Observe intervention techniques for remedial handwriting for number reversals, letter reversals, worksheet legibility, math legibility, kinesthetic learning and recognition of handwriting errors for students with poor visual motor skills
- Identify strategies for working with students with vision related learning differences through a power point presentation and written handout
- Identify activities for grasp and writing labs within a classroom or clinical setting and receive a resource list of activities
- Practice CREATIVE therapeutic techniques for large, medium and small motor learning of letter formation in print and cursive through walk-around labs that can be integrated into classroom or clinical settings
- Recognize remedial intervention techniques for letter formation, letter reversals, number reversals, kinesthetic handwriting
- Observe recipes for creating zany writing ideas for generalization of handwriting into words, sentences and paragraphs, for preschoolers through grade school (FUN things to keep even the most reluctant child wanting to come back for MORE handwriting lessons!)
- Observe fine motor activities for grasp development for preschoolers, students with autism, students with Down's syndrome, and children with developmental delays
- Review selected research on grasp development and intervention and discuss reasons and strategies to change or “tweak” grasps when needed. Problem solve solutions.
- Observe how to modify handwriting curriculum for students with developmental delays, autism, and other diagnosis
- Discuss assistive technology options for students with poor handwriting and receive resources for multi-sensory keyboarding. Discuss when keyboarding is necessary versus handwriting.

NEW! First Strokes® Experiential Lab /Training Day (DAY 2 WORKSHOP)

(This is an *OPTIONAL* workshop for those who have completed the general DAY 1 workshop)

Maximum audience is **45 participants with a 2800 to 3000 square foot room, 30 participants with a 22—2800 square foot room**. This is a very hands on workshop, and should only be a Day 2 workshop (audience would need to have been at the Day 1 workshop). It covers *HOW* to use the First Strokes Products in detail and the audience *PARTICIPATES* in learning with multi-sensory concepts. I bring q-tips, paint, and ship 6 boxes full of multi-sensory activities so that all learning is hands on. \$1300.

Please note: Day 1 covers First Strokes products in general and gives techniques no matter what program you use. Day 2 is more specific training on First Strokes products, but concepts can be generalized. Day 2 is appropriate for OT's, special ed teachers. Day 1 is appropriate for OT's, special ed teachers, dyslexia coordinators, AND regular ed teachers - preschool - 3rd grade. Day 2 is a very active day, with in seat and out of seat activities throughout the day.

TO GO TO DAY 2, A PARTICIPANT MUST HAVE ATTENDED A DAY 1 WORKSHOP

- 7:30 - 8:00 Registration
- 8:00 - start time Welcome and handwriting samples (will use in pm). Divide into work groups.
- 8:15 - 8:40 Assessment: First Strokes Assessment Developmental log for preschoolers
- 8:40 - 8:50 **MAKE AND TAKE:** Left/Right Discrimination Poster
- 8:50 - 9:15 First Strokes Printing **LAB** - go over letter formation (briefly)
- 9:15 - 9:30 Zany Writing **LAB** - Shaving Cream Monsters (and apply facilitated handwriting techniques, large motor techniques, and small motor techniques)
- 9:30 - 9:45 BREAK
- 9:45 - 9:55 Learn to do "facilitated handwriting" with starting point "dot" game for print, using Shaving Cream Puff Monsters
- 9:55 - 10:10 **MULTI-SENSORY LAB** - Visual cueing for print (practice "eyeball writing" as a multi-sensory technique for students with vision related learning differences, autism, ADHD)
- 10:10 - 10:30 Reversal Tip Game - memorize reversal techniques and play rocket launcher game to win PRIZES!
- 10:30 - 10:40 The One Hour Screening to Legibility Inservice for 2nd grade and above. A FUN way to get Quick Remediation/do school inservices. Go over assessment for 2nd grade and above. (THIS IS A "MUST SEE" part of the inservice for any teacher or therapist that works with students from 2nd grade and above) **OPTIONAL - RECEIVE: * One Hour to Legibility Inservice Kit/CD for Older Students (\$35 value - sponsoring workshop can purchase these kits for \$26 per workshop attendee) (CD includes assessment for older students). This is optional, but a popular option.**
- 10:40 - 11:00 Zany Writing **LAB** - Make alien eyeballs, use special paper to cue sizing of letters to write about the eyeballs using sizing techniques.
- 11:00 - 11:15 Legibility Techniques for "fill in the blank worksheets", math legibility
- 11:15 - 11:45 **MAKE AND TAKE:** Numbers Curriculum ACTIVITY: Number Rhymes Group discussion: Multi-sensory ways to work on numbers
- 11:45 - 12:45 LUNCH - on your own
- 12:45 - 1:00 **MAKE AND TAKE:** Balloon Exercisers for Grasp
- 1:00 - 1:05 **MAKE AND TAKE:** Homemade Shaving Cream Air Putty for grasp exercises
- Video of a preschooler with hypotonia versus preschooler with neuro-typical development
- 1:05 - 1:40 First Strokes Cursive **LAB** - Learn sequencing, speed handwriting, touch and trace concepts, generalizing to notebook paper.
- 1:40 - 1:50 **MAKE AND TAKE:** Jello aliens for cursive writing generalization
- 1:50 - 2:05 Speed lab. Metronome work for cursive.. Retrain the Brain activities for further refinement of cursive/fine motor skills.
- 2:05 - 2:20 BREAK
- 2:20 - 2:50 Adapting curriculum - Integrating OT Objectives into the regular ed IEP. Working on IEP development for fine motor and handwriting skills for students with developmental delays or special populations
- 2:50 - 3:20 **MAKE AND TAKE:** Make individualized curriculum samples to work with students who have severe visual motor needs/low cognitive skills or autism. Video of student with autism.
- 3:20 - 3:55 **Group Discussion** Case Studies for assessment//Treatment planning for preschoolers with disabilities, students that have fine or visual motor delays in K, students with fine or visual motor delays in 1st grade, older students with learning disabilities and students with special needs - including activities for integration of skills within the classroom and clinical setting. Participants will plan development of "fine motor bins", and "multi-sensory handwriting bins" using inexpensive materials, for special preschool classes and regular ed Kindergarten teachers to set up fine motor labs within classrooms. Participants will problem solve different inservices for teachers and staff, based on age levels and special populations (important things to put in inservices). The attendees will have different hypothetical situations or case studies, to discuss and share with the group, using knowledge learned in the last 2 days. Discussions will revolve around students with learning disabilities or dyslexia, fine and visual motor delays, vision related learning differences, autism, Down's syndrome, etc.
- 3:55 - 4:00 Post evals and Prize giveaway

Course Objectives

- Practice therapeutic strategies to teach the First Strokes Print and Cursive programs through group labs and demonstration. Experience multi-sensory handwriting teaching techniques.
- Identify and practice remediation techniques for visual memory, visual cueing, and visual motor integration of handwriting within labs
- Review a developmental log for preschoolers, the First Strokes assessment, and the assessment for 2nd grade and above. Discuss areas of assessment for handwriting
- Discuss multi-sensory handwriting activities for a gym - sensorimotor activities for left right discrimination, laterality, and visual memory of letters and numbers formation.
- Review the First Strokes Multi-sensory Keyboarding Program
- Discuss students with poor laterality or hand dominance and problems in handwriting.
- Recognize techniques for improving integration of handwriting from therapeutic intervention into generalization of skills into classroom.
- Make "take home" materials for intervention for handwriting, number reversal curriculum, grasp/fine motor skills, special populations
- Discuss case studies and treatment intervention for different diagnosis at various grade levels, and how to integrate skills into a classroom or clinic setting.
- Discuss assistive technology options for students with poor handwriting and receive resources for multi-sensory keyboarding. Discuss when keyboarding is necessary versus handwriting.
- Review the First Strokes Multi-sensory Keyboarding Program

FIRST STROKES MULTI-SENSORY WORKSHOP:

Multi-sensory Solutions for Handwriting, Keyboarding and Assistive Technology for Students with Learning Disabilities

This is a very hands on workshop with integrated labs where the workshop. Participants do several multi-sensory labs. Maximum attendee group is 40 - 45 (with a 2500 to 3000 square foot room, 30 - 40 with 2200 - 2500 sq. ft). \$1300 for this workshop

This workshop is primarily for teachers and therapist who work with students with learning disabilities. It does touch on developmental skills in the preschool year, but mostly discusses Kindergarten through older elementary - solutions for students with learning disabilities and dyslexia. This workshop is appropriate for OT's, teachers (K - older elementary), assistive technology specialists, special education teachers and parents.

8:00 - 8:15	Handwriting Samples and Introduction
8:15 - 8:45	Learning to Write in School - too fast, too soon, too hard - problems with students who have poor fine and visual motor skills, dyslexia or dysgraphia
8:45 - 9:45	<u>MULTI-SENSORY PRINT EXPERIENTIAL LAB</u> A. Case Studies B. Motor Lab - audience participation C. Strokes Lab - audience participation D. Medium Motor Lab - Individual Letters - audience participation E. Zany Writing LAB - MakeShaving Cream Monsters (and apply facilitated handwriting techniques, large motor techniques, and small motor techniques) F. Zany Writing Topics – Demonstration G.. Sensorimotor Gym Activities for Handwriting RECEIVE: * Handout of Multi-sensory Gym Activities RECEIVE: * Handout of Multi-sensory Handwriting Resources and Zany Writing Recipes
9: 45 - 10:00	BREAK
10:00 - 10:30	Empowering teachers to Integrate Handwriting Within the Classroom with NO TIME but still helping kids that struggle! A toolkit of FUN, high interest activities for large motor, medium motor, and small motor learning techniques to help students with fine motor and visual motor delays. RECEIVE: *Training handouts for YOU to teach staff ways to better integrate ANY handwriting program within the classroom, clinic or therapeutic setting.
10:30 - 11:15	Remedial Strategies for therapeutic intervention: spacing, integrating handwriting errors with teaching of letter formation, speed, vision related learning differences, Numbers, speed handwriting and pacing RECEIVE: * Hand out for YOU to teach an inservice on Remedial Strategies and Errors within YOUR program. <u>HANDWRITING LAB:</u> Speed and handwriting errors - participants will recognize common patterns in their handwriting and grade handwriting samples for handwriting errors.
11:15 - 11:30	One Hour to Legibility Program - PRINT
11:30 - 12:30	Lunch
12:30 - 1:30	<u>CURSIVE LAB:</u> Large, medium motor techniques, over view of handwriting errors, overview of visual memory and speed.
1:30 - 2:30	<u>GRASP LAB:</u> How to hold a pencil, research on changing grasps, problem solving grasps, power point
2:00 - 2:15	BREAK
2:30 - 3:10	Assistive Technology for Learning Disabilities A. Dysgraphia/Dyslexia/Disorder of Written Expression - definition and treatment suggestions B. Neo/Co-Writer and Dana/Write OutLoud to Go Demonstration
3:10 - 3:30	Multi-sensory Keyboarding - The NEW First Strokes Multi-sensory Keyboarding Program (designed for students with Learning Disabilities (to be published August/September 2007) RECEIVE: * Hand out on Keyboarding and Assistive Technology Resources
3:30 - 3:45	Wrap up/Group discussion/Prizes

Course Objectives

- Recognize the typical progression of handwriting in school and how to adapt ANY handwriting program to be more successful for students that struggle
- Practice therapeutic strategies to teach the First Strokes Print and Cursive programs through group labs and demonstration. Experience multi-sensory handwriting teaching techniques.
- Identify and practice remediation techniques for visual memory, visual cueing, and visual motor integration of handwriting within labs
- Discuss multi-sensory handwriting activities for a gym - sensorimotor activities for left right discrimination, laterality, and visual memory of letters and numbers formation.
- Review the First Strokes Multi-sensory Keyboarding Program
- Recognize techniques for improving integration of handwriting from therapeutic intervention into generalization of skills into classroom.
- Discuss intervention for handwriting, number reversal curriculum, grasp/fine motor skills, vision related learning differencesDiscuss assistive technology options for students with poor handwriting and receive resources for multi-sensory keyboarding. Discuss when keyboarding is necessary versus handwriting.

FIRST STROKES PRESCHOOL TEACHER WORKSHOP: Multi-sensory Solutions for Pre-Handwriting and Fine Motor Development

This is a very hands on workshop with integrated labs where the workshop participants do several multi-sensory labs. Maximum attendees is 40 - 45 (with a 2500 to 3000 square foot room). \$1100 for this workshop out of state, \$1300 with labs (6 - 6.5 hr wkshop), \$600 local, \$425 at clinic (4 hours). This workshop is for preschool TEACHERS. It is an

Outline of the day

AM: GRASP AND FINE MOTOR DEVELOPMENT

1. Progression from manipulation skills to grasp – Pencil Gym Kit

Make and Take – Sand Balloon animals

MARBLE LAB

1. Grip worksheets
2. Tracing crosses
3. Manipulatives - participants will practice fine motor skill activities in a manipulatives lab
 - Tongs Lab
 - Scissors Lab
 - Coloring Lab
4. Tracing pages - kinesthetic tracing to metronome or music practice
5. Make and Take! Sandpaper animals to teach wrist stabilization.
6. Power Point – Multi-sensory Grasp Power Point - training on grasp,
 - Includes training handouts and material for participants do their own inservices
 - Includes handouts for students, on how to hold a pencil.
7. Preschool Video of Fine Motor Development in a Neuro-typical Child and a Child with Hypotonia/Fine Motor Delays
8. Video of a First Grade Classroom doing a writing/drawing assignment- participants problem solve grasps (mature versus non-manipulative)
9. Special Populations: Normal versus Atypical Fine Motor Development from ages 3 - 6 and common problems with children with cerebral palsy, autism, hypotonia, or Down's syndrome.
10. Group Activity—DESIGN YOUR OWN FINE MOTOR BIN - Workshop participants will use a theoretical \$30 budget to design a fine motor program for their students using manipulatives already within the classroom, donations from parents, and \$30 max on new materials.

PM: PREWRITING AND WRITING SKILLS: A MULTISENSORY APPROACH

1. First Strokes Lab – Teaching Print in a simplified way!
 - Setup: Dixie cup with q-tips, plastic cups with koolaid paint or colorations paint, newsprint, pink and blue highlighters
1. teach strokes – make giant size strokes on newsprint. Partner holds up. Teach strokes.
2. strokes LM, MM, SM
3. individual letters in groups
4. LAB – make Left/Right discrimination posters
5. Zany Writing Topics—Make a Puff Paint Creature for writing generalization
 - Power point/demonstration of zany, cool 5 minute craft projects. Students can make these projects and then write about The project using the “letter of the day”. Ex. Green jello alien for letter “a”.
6. Group Activity - DESIGN YOUR OWN MULTI - MULTISENSORY HANDWRITING BIN -Workshop participants will use a theoretical \$30 budget to make handwriting instruction more multi-sensory
 - *Participants will get handout of resource activities
7. Special Populations
8. Group Discussion and Wrap Up

New Teacher Workshops!!

See next page:

8:00 - 3:00 - EMPOWER PRINT Preschool through First Grade Teachers/Occupational Therapists
3:30 - 5:45 - ELIMINATE DYSGRAPHIA - 2nd grade and above teachers/Occupational Therapists

This is a full day, workshop specifically targeted for different grades. The Preschool - 1st grade teachers would attend a full day workshop from 8 - 3:00. Then since I am already there presenting, the original group can go home, and I can provide an after school inservice for your 2nd grade and above teachers!!!

The cost for this workshop is \$1500 speaker fee. I usually would need to stay an 2nd night in a hotel because of the later time, but not always.

See next page for outline



**1. EMPOWER PRINT - Handwriting and Fine Motor Interventions for Preschool - 1st Grade Classrooms!
WITH LABS and MAKE AND TAKE!**

AM: 8:00 - 11:30 GRASP AND FINE MOTOR DEVELOPMENT:

Fine motor development from age 3 – 6

A simple method to teach grasp

Special challenges for fine motor development

Multi-sensory grasp and fine motor activities - the most creative and fun ways to work on fine motor and grasp development skills

Power point slides of creative and cheap therapeutic activities

Lab demonstrations of activities that even the most fine motor resistant child will love!

Fizzing Foam Muffins!

Shaving Cream Putty

Video of two 3 year olds, and a six year old. Fine motor delays vs typical dev.

Power Point of coloring labs, tongs labs and scissors skills labs – activities that can be set up in Preschool - First Grade classrooms

Small Group Discussion: Problem solving case studies to present to the group.

Dollar stores, donated supplies from parents junk closets, and a little creativity – how to create an impressive inventory of fine motor activities.

Consultation in the preschool/K classroom – the teacher is your best ally!

Grasp and the Child, Is it important? Research.

The Pencil Grip Junk Closet, which grips REALLY work?!!

Common problems in the hand, and SOLUTIONS!

MAKE AND TAKE: Left/Right Discrimination Poster

LUNCH: 11:30 - 12:30 (on your own)

PM: MULTI-SENSORY HANDWRITING 12:30 - 3:00

Learning to Write in School: The expectations in the classroom for neurotypical children. A comparison of fine and visual motor developmental skills versus classroom expectations. Too much, too soon, too hard? Case Studies of neuro-typical development.

Power point slides of highly visual, fun large, medium and small motor labs

Multi-sensory Print Handwriting Lab

Large/Gross Motor Lab

Medium Motor Demonstration Lab

Visual Cueing and “Facilitated Handwriting” Lab

Zany Writing Topics – Demonstration

Letter Reversal Lab

Sensorimotor Gym Activities for Kinesthetic Handwriting

Pre-graphomotor skills and adapted handwriting for students with severe challenges

Remedial Activities for Handwriting

MAKE AND TAKE: Numbers Curriculum ACTIVITY: Number Rhymes Group discussion.

Multi-sensory ways to work on numbers

WALK-AROUND EXPLORATION LABS/COOKIE BREAK: tongs labs, scissors labs, coloring labs, pencil grip labs, multi-sensory fine motor labs, multi-sensory writing labs.

Group Discussion/Classroom Planning

Course Objectives: The goal of this workshop is for the attendee to have a resource of information to be able to inservice staff at their own facility!

- Review development for fine motor, pre-handwriting and graphomotor skills.
- Participate in lab for teaching a correct grasp pattern on writing instruments.
- Identify incorrect grasp patterns and intervention for specific grasp pattern errors that teachers can do. Identify more serious problems to refer to a specialist.
- Identify activities for grasp and writing labs within a classroom (or clinical setting) and receive a comprehensive resource list of activities. Practice grasp labs through walk around demonstration labs.
- Through group discussion, identify classroom strategies for fine motor development, **within** your existing classroom objectives.
- (Therapists) Identify classroom interventions for fine motor skills/grasp development skills, appropriate for IEP consultation.
- Recognize the typical progression of handwriting in school and how to adapt ANY handwriting program to be more successful for students that struggle
- Practice CREATIVE therapeutic techniques for large, medium and small motor learning of letter formation in print and cursive through walk-around labs that can be integrated into classroom or clinical settings
- Observe lab resources for creating zany writing ideas for generalization of handwriting into words, sentences and paragraphs
- Review selected research on grasp development and intervention and discuss reasons and strategies to change or “tweak” grasps when needed
- Observe how to modify handwriting curriculum for students with low cognitive skills

2. ELIMINATE DYSGRAPHIA! - From Print to Cursive - (Legibility Techniques for 2nd Grade and Above)

3:30 - 5:45 PM (separate workshop)

INCLUDES COOKIE BREAK

One Hour to Legibility in Print

Make sizing of letters consistent

Notebook paper legibility

Fill in the blank worksheet legibility

Math legibility

Cursive Instruction

Grouping by First Stroke

Sizing

Speed Cursive

Why kids go back to printing!

Visual memory of cursive

Dysgraphia

What is dysgraphia?

What types of dysgraphia are there?

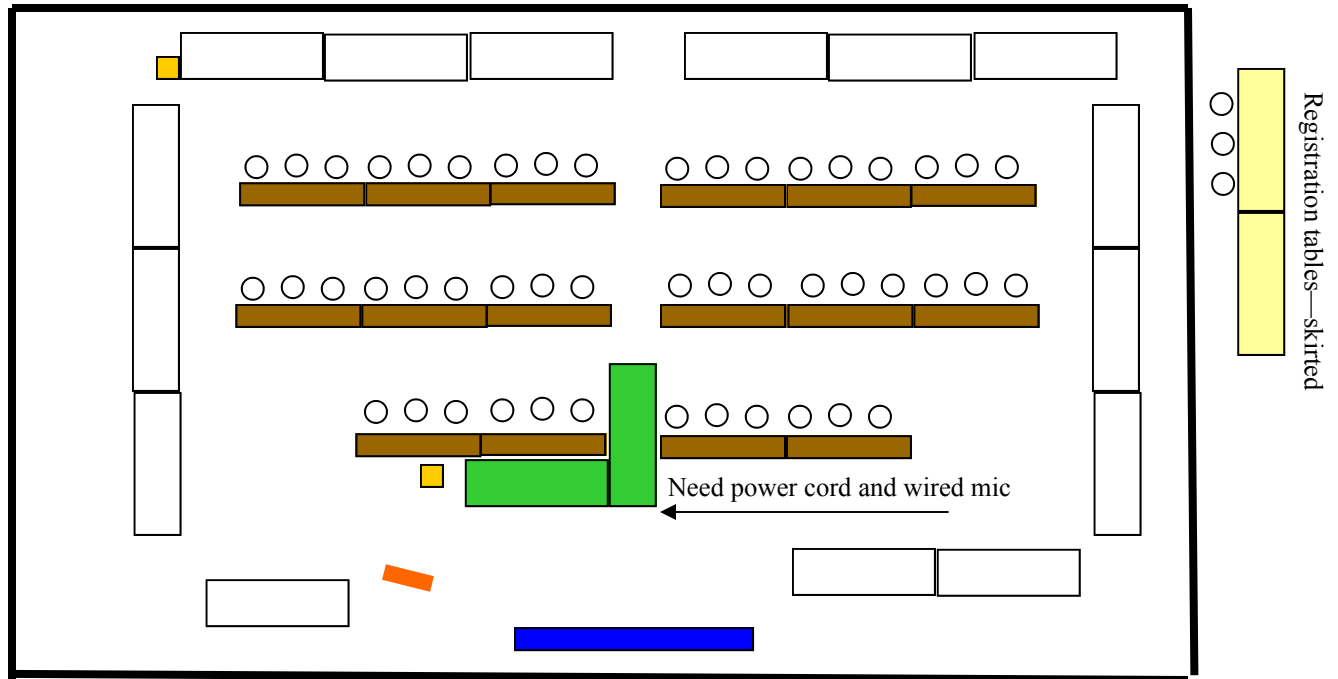
Why is it prevalent?

Do we accept bad handwriting or is there something we can do?

Course Objectives

- Identify quick intervention strategies to help students with poor legibility in print (really, most students 2nd grade and above CAN improve handwriting in one hour!)
- Identify quick strategies for improved legibility on worksheets
- Identify quick strategies for math legibility
- Participate in a print lab.
- Participate in a multi-sensory cursive lab. Work on techniques for cueing, sizing, letter formation, and SPEED!
- Identify the relationship with poor legibility, poor spelling and poor grammar.
- Define dysgraphia, and understand WHY handwriting may be poor
- Handwriting vs Keyboarding? - explore some answers.

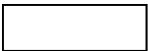
POSSIBLE SET UP FOR CLASSROOM STYLE, WHEN BRINGING LAB STATIONS. LAB STATIONS COULD BE SET UP IN A DIFFERENT ROOM. THERE ARE MANY VARIATIONS IN DESIGNING THIS SET UP - ALL LAB TABLES COULD BE POSITIONED AT BACK OF ROOM IF THE WORKSHOP ROOM IS LONG AND NARROW. I CAN SEND A DETAILED SET UP UPON REQUEST AND DESCRIPTION OF THE ROOM.



Green = skirted 6 ft. tables for presenter



Brown = classroom set up tables - can set up a water station somewhere in room, and then not put water jugs on table - so can set classroom tables as close together and towards the front as possible, with a center aisle



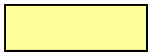
White = lab tables—not skirted, and you can just cover in table cloths of equal length - Dark cloth great, white cloth ok, no chairs. Tables need to be away from walls 30 inches minimum



Orange = trashcan—lined
I can bring my own projector



= flip chart

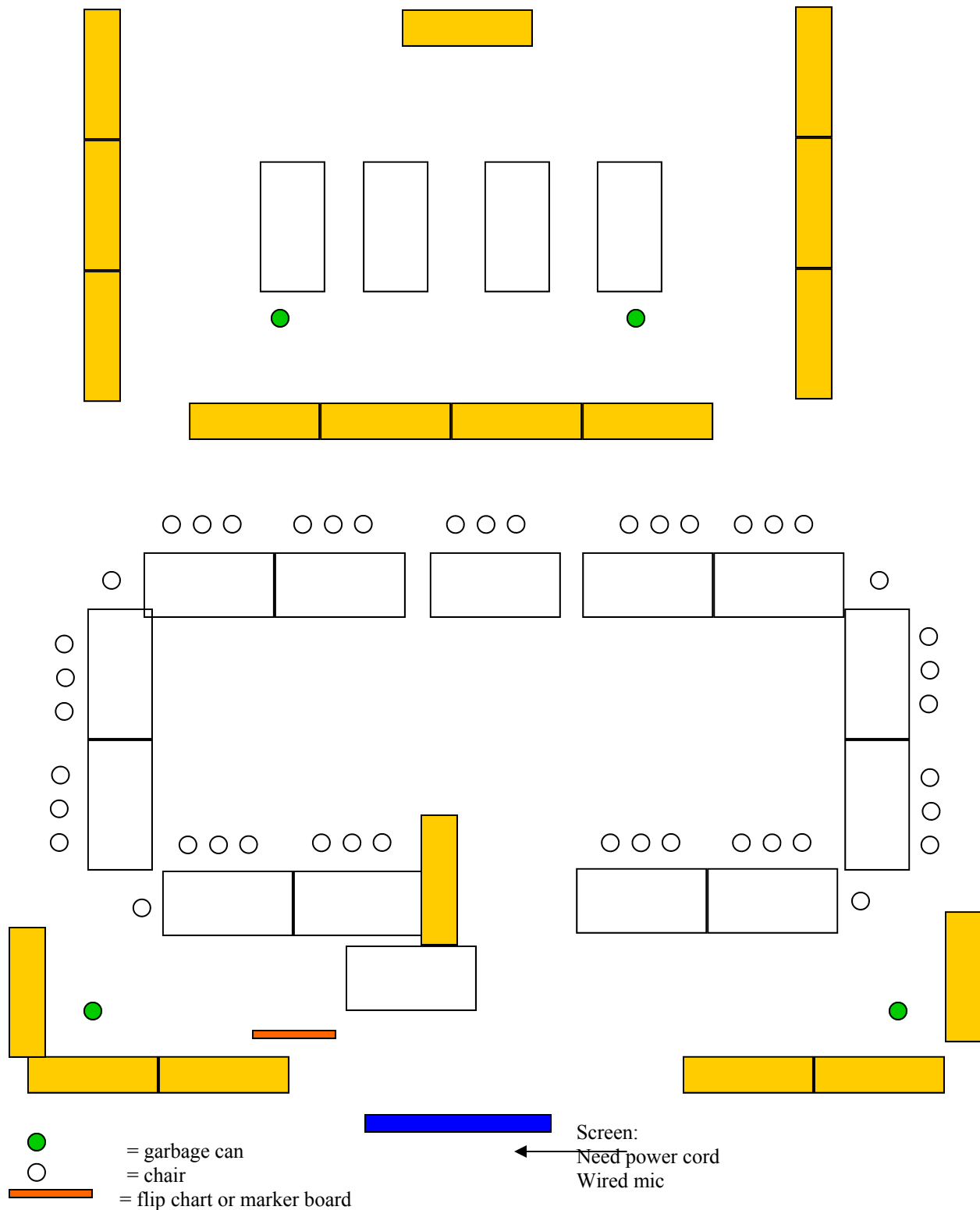


= registration tables (skirted)



= screen

POSSIBLE ROOM SET UP FOR DAY 2 INSERVICE, OR EXPERIENTIAL INSERVICES.
 THIS SET UP CAN BE ADAPTED FOR SMALLER GROUPS



Note: no chairs needed at back of room

