

The Handwriting Clinic

Specializing in Group Classes/Camps and Private Instruction:

Summer Camp 2010 Brochure

1506 Capital Ave, Ste 150
Plano, Texas 75074

972 633-1974

(Sensory motor gym, large classrooms, assistive technology computer lab, fine motor stations)



Student using his "go fingers" at a fine motor lab table



Student working in workbook.

CALL FOR TIMES OF CAMPS!

Session I: M - Th June 7 - 17

Session II: M - Th June 21 - July 1

Session III: M - Th July 5 - 15

Session IV: M - Th Jul 19 - 29

Session V: M - Th August 2 - 12

Camps are M - Th. Children who need extra help can schedule time for extra help/labs on Fridays.

Please share this brochure with teachers, special education staff, and occupational therapists to give to PARENTS!!!

**BROCHURES FOR
EACH CLASS
AVAILABLE**

Please note! On the www.thehandwritingclinic.com website, if you click on “brochures”, there is a separate brochure for each camp, plus more information for parents on each class/camp, private versus group camps, dysgraphia, and an e--newsletter full of information.

We have a wonderful person answering the phone, but these brochures should answer most of the technical questions, and give you good information on the camps!

The following pages, have information on all our camps. It is important to register early for camps—many camps fill quickly. This also allows us to keep camp staff/student ratios low. Registration for most camps require a \$100 deposit, although this fee will be deducted on the first day of camp, when total payment is due.

Thank you for your interest in our camps!

Jan McCleskey, MA, OTR
Clinical Director

We use the First Strokes®
curriculum! See
www.FirstStrokesHandwriting.com
for more information.

PRESCHOOL CLASSES - Summer Camp 2010

PRESCHOOL CLASSES: This is the BEST age to work on readiness skills - BEFORE kindergarten!

Preschool Power Finger Gymnastics Camp - Fine Motor Skills

NEW! Preschool Power Finger Gymnastics Class (3 - 5 yrs) - Super fine motor readiness camp for beginning learning of stroke development using multi-sensory activities! Students work on grasp development, eye-hand coordination, coloring, scissors skills, fine motor control and strengthening skills. Multi-sensory, gross motor learning of letter formation! 4-5 children/camp. Grasp/fine motor labs. Students must be able to focus, attend and benefit in a small group camp and allow others to attend as well - we can do a fine motor screening for \$40 if a parent has concerns. A fine motor report card will be performed at the beginning/end of this session. A mini-fine motor kit for home will be provided.
\$280 plus \$10 workbook fee Monday - Th camp x 1 hr/day

PARENT TRAINING SESSION: \$45 For students who need work on fine motor skills, we encourage all preschool parents to come to a group parent training session to set up a home program for fine motor skills using creative, fun multisensory activities. Parents must have enrolled their child to attend a class, or private therapy, in order to attend. We schedule these often - and highly recommend the training. We talk about fine motor skills for tongs labs, scissors labs, and coloring labs - to set up home programs. Parents walk away with a starter kit, and many handouts and activities! \$45 All sessions are with Jan, the owner of the clinic.



Scribbles to Shapes - Visual Motor Camp

NEW! Visual Motor Readiness Class (4 - 6 yrs) - This camp works on visual motor readiness - a big part of Kindergarten testing! Students will work on drawing shapes, scenes, draw a person, animals, and emotions, while continuing to refine grasp development. Students will begin to learn to draw through a computer guided program called Strokes, Shapes and Scenes (5 minute program), and then will participate in guided multi-sensory activities. Students will work on coloring labs, to strengthen manipulation of a pencil, and on Retrain the Brain labs to work on sustained fine motor/visual motor control. Common Kindergarten testing items and skills, are for students to learn to draw a person (with a neck, all facial features, etc), draw shapes, and be able to draw pictures to represent ideas, actions and stories. Students must be able to focus, attend and benefit in a small group camp. A visual motor report card will be performed at the beginning/end of this session. **\$280 plus \$10 workbook fee Monday - Th camp x 1 hr/day**

Registration starts in JULY for Fall Sensory Motor ABC/Finger Gym Classes:

FALL 2010 - we will start our registration for Fall Sensory Motor ABC and Finger Gymnastics camps for 3 - 5 year old preschoolers. Please register early - these camps fill quickly! (And this is the BEST time to get students, especially before the Kindergarten year! Enrollment for these camps start in July, for Fall Classes! Register early!!! We have a Preschool Power camp for fine motor skills during the summer. During the summer, our Preschool Power camp is designed to get kids some intense work on fine motor skills/grasp development. Kids receive a pencil gymnastics kit, a jump start on fine motor development, and parents receive training and help in starting home activities for fine motor development through the developing years! We do begin "patterning" of letters in the Preschool Power camp. But during the Fall/Spring, we take young students through multi-sensory programming for handwriting. Please refer to separate brochure for these camps, which are never offered in the summer. To work with young students, we need to see them 4 months for 1 hour per week, to have the time to watch their fine motor skills develop and for them to get good visual memory of letter formation, which is why we only offer these camps in the Fall/Spring. If we could only offer one camp at our clinic, the Fall/Spring preschool camps are the best camp, at the best timing, to help students with readiness BEFORE bad habits develop!!!

WHY DO WE NOT HAVE SUMMER HANDWRITING CAMPS FOR LETTER FORMATION FOR PRESCHOOLERS?

Due to parents busy schedules all our camps are 2 weeks long (M - TH) during the summer. It is important to see young preschoolers over time, to work on fine motor skills and handwriting. We have found that for the young kids, it is best for them to come once a week with a home program in between to practice the letters and review the letters through multisensory activities. This allows the hand and fine motor skills to develop, and allows the students to absorb the information well. We encourage all preschoolers to enroll in our Fall SM ABC class!

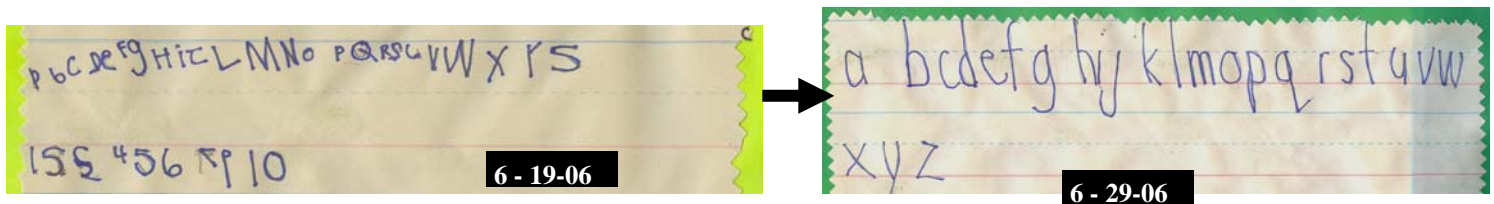


HANDWRITING CAMPS - Younger Elementary

Kids Beginning Print (For kids going into K or 1st) (Emphasizes grasp development, and letter formation within handwriting lines. Teaches lower case and upper case print through the First Strokes curriculum and multi-sensory techniques. Grasp and writing lab! Excellent camp for beginning writers or kids who need extra help. Block or “Snail Tails” printing. Objectives: Students will write the alphabet from a - z within the handwriting lines, with good spacing, consistency of size and form, and sequencing of letters and no reversals. Students will also develop fine motor readiness skills with correct grasp patterns, and separation of the 2 sides of the hand for manipulative writing skills. This camp will also work on writing letters from visual memory within the handwriting lines, without having to copy the letters (this objective is mainly for older students who may be entering First Grade - although the younger students will work on developing this skill). **\$495 (plus workbook fee of \$10.28 for K, \$12.95 for 1st graders).** **Class ratio: 1:4 16 hours total - M - TH x 2 week camps.**



Sensory-Motor Print Class (1 - 2 graders) - Re-teaches print formation with the First Stroke concepts and letter groups, using cool, multi-sensory strategies. Both standard print or “snail tails” style handwriting are taught. This camp is for students who have learned print, but have difficulty with sequencing letters, writing within handwriting spaces, or with letter formation. Zany writing topics for writing generalization activities each session! **8 sessions \$280 – \$12.95 workbook fee**



Funky Grasp Class Art camp with fine motor challenges, games and art projects for students with funky grips on pencils! Students are taught how to hold a pencil correctly, then do fine motor exercises and art projects to work on the new grasp pattern. Students do a final art project suitable for framing! Taught by an occupational therapist. This camp is fun, and we love kids that are in our handwriting camps to attend this camp if they have a funky grip. Our other camps work on legibility, this camp works on fine motor skills, coordination, and grip patterns. Call for schedule. **Camps are M - Th, or 2 consecutive Saturdays (4hrs total) - \$135 total (First - 5th grade)**

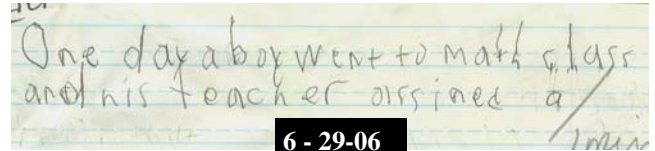
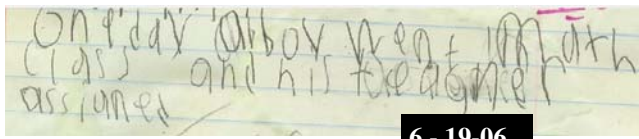
NUMBER REVERSALS CLASS! We can usually teach kids to not reverse numbers in ONE camp! (2 hours, \$90 - and the child receives multi-sensory materials to take home. Parent training last 10 minutes of camp!) We can also do this camp privately for one hour for \$90) Kindergarten - 2nd graders (2 - 3 children per camp)

1 5 E 4 2 6 7 8 P TO 1 2 3 4 5 6 7 8 9

HANDWRITING CLASSES - Older Elementary and above

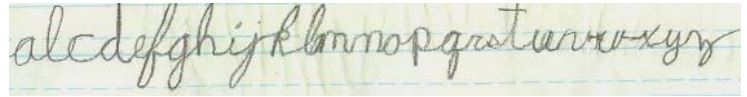
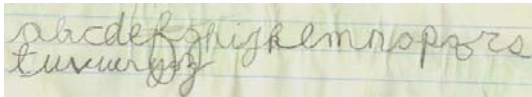
WHAM Camp - Writing, Handwriting and Math Legibility - (PRINT)

For older kids - 2nd through 4th, 5th - 7th, and teens. Work on print legibility techniques for sizing of letters on notebook paper, and for handwriting error recognition. Many students 2nd grade and above, develop impulsive handwriting, and have a "need for speed" handwriting to get their schoolwork done. With the need for speed handwriting, many students decrease legibility. Many other students, just do not know the techniques for how to place writing within the lines on regular notebook paper. We use the One Hr to Legibility Program, to teach quick legibility techniques, and add in FUN, multi-sensory learning activities such as writing with exploding paint, to practice techniques. Students will also work on math and numbers legibility, cool writing projects on training notebook paper, generalization skills to notebook paper and fill in the blank worksheets/assignment logs, etc. Students will do a zany writing topic most sessions, to practice generalization of skills taught within a lesson. Zany writing topics are fun science type activities - students may writing the ingredients down, or a paragraph about what happened. Examples of zany topics might be, shaving cream puff monsters, alien eyeballs, or flubber slime. **8 sessions \$280 plus book fee \$16.23**



Sensory-Motor Cursive I Camp - (2nd - 5th)

Beginning or remedial cursive camp using simple, easy to remember formation strategies for lower case letters. Class works on visual memory and increasing speed of writing while maintaining legibility. Cool, zany writing topics to generalize cursive into functional handwriting skills. **This session is 8 sessions \$280 plus book fee \$16.23.**



FRIDAY CURSIVE LABS: We have Capital Letter labs the first Friday of each camp session, and Speed/Visual Memory labs the 2nd Friday of each camp session. Come to as many classes as needed. \$35 per one hour class - call the office in advance so we can prepare materials, and to find out scheduled times.

GRASP CLASS

FUN camp with fine motor challenges and art projects! Students are taught how to hold a pencil correctly, then do fine motor exercises and art projects to work on the new grasp pattern.

Students do a final art project suitable for framing! Call for schedule. Classes are 2 hours, 2 sessions, or 1 hr, 4 sessions - \$135 total for the 4 hours. (K - 5th)



NUMBER REVERSALS LAB!

We can usually teach kids to not reverse numbers in ONE camp! 1 hour private session for \$90

1 5 E 4 2 6 5 8 P

TO

1 2 3 4 5 6 7 8 9

ZANY LAB CLASSES - TAUGHT BY FUN, DEGREED TEACHERS:

Zany Keyboarding Classes - Multi-sensory keyboarding camp using fun, creative techniques to learn home row keys, keyboard and fluency. Students will even practice keyboarding skills in our motor gym! This camp integrates ON-keyboard practice through a typing manual, with creative, multi-sensory typing OFF-keyboard activities. The students even do gym games, type creative art recipes, and hands on keyboard memorization activities.

8 sessions, (2nd through 5th, 6 - 8th grades) \$280 plus \$15.00 manual fee 4 students per camp ONLY.



Writing Literacy Classes I and II - Each camp will explore different skills towards writing. Many of our students handwriting is so illegible prior to coming to the clinic, that once their handwriting is improved, it is apparent that they still have trouble with grammar, spelling, composition, and punctuation. Using fun themes, our teacher will reteach basic grammar, punctuation, capitalization rules, and help students learn tricks or compensation skills for spelling. Students also learn to write creatively, with longer sentence structure. A FUN way to work towards preparing for TAKS writing!

Session I is a pirate theme. Pirates are glamorized in the movies, but what was it like to be a pirate. Write "how to's" and persuasive essays! Session II is The Hero Within Yourself! Explore qualities about cartoon heroes, heroes in literature, and find the hero within yourself when realizing how fun writing can be. **Take Class A or B or both!**

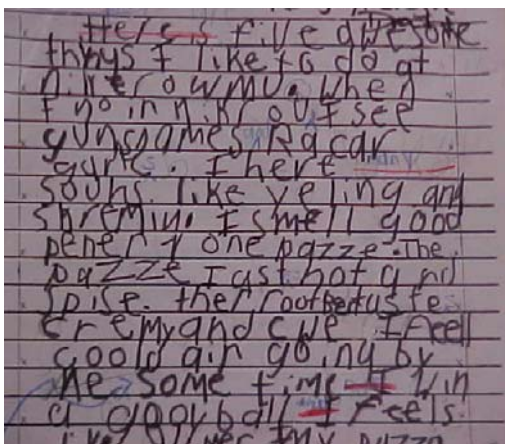
SESSION A: PIRATES!!!

SESSION B: HEROES!!!

*** Each session is 8 camps. \$280 No workbook fee, materials included. 1:5 ratio.

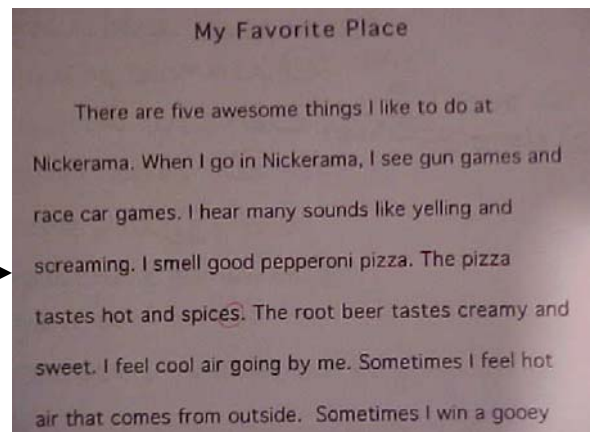
Writing Literacy Tutoring: Specialists are teachers who also can do private tutoring on paragraph organization, 4th grade TAKS paragraph writing, and writing literacy. Parents pick whether they want keyboarding or handwriting. The specialist is very creative in making the writing process fun, organized and productive. **\$80 per hour**

Assistive Technology Tutoring for Written Expression- We provide tutoring for assistive technology software and portable keyboard devices. If you have a poor speller, or a disorder of written expression, tutoring may help children write at their cognitive level, not their spelling level. We use a software program called Write OutLOUD which allows students who misspell about 40 out of 100 words, to write a paragraph with only 1 - 2 spelling errors. This program has text to speech, to enhance students abilities to self correct. Students usually only need a session or two to learn techniques. **\$90 an hour**



3rd grade student, used the Write Outloud program with an interactive spell checker with text to speech. Student corrected all misspelled words.

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Private Therapy

The Handwriting Clinic is a licensed Occupational Therapy facility. Private occupational therapy is available for students who need 1:1 therapy for fine motor skills, readiness skills, visual perceptual skills, or assistive technology options.

\$50 - 1/2 hour (therapy)

\$90 - 1 hour (therapy)

\$45 - 1/2 hour (tutoring/teacher)

\$80 - 1 hour (tutoring/teacher)

Handwriting/Fine Motor Assessment - \$125.00

Assessment with assistive tech - \$150

Classes are NOT reimbursable by insurance companies. Private occupational therapy is often reimbursable, but based on therapeutic need. For private therapy, parents are responsible for payment as services are rendered. The clinic will fill out a statement with appropriate codes. The parent is responsible for all contacts with the insurance company to determine eligibility, reimbursement and non-payment of services. This is slightly more work for the parent, but allows our therapy rates to be significantly less than standard rates. This also allows more children access to therapy if there is not insurance reimbursement. A prescription for occupational therapy services should state "OT to eval and tx. for fine motor incoordination". A student MUST have a fine motor delay or other condition, not just sloppy handwriting to qualify for insurance reimbursement through coding. If parents are not submitting to insurance and there is no acute condition, we do not need a prescription for private therapy.

Private versus Classes/Classes?

Classes are fast paced. Dysgraphia, fine motor and visual perceptual needs are usually met through our camps curriculum. If your child requires 1:1 services to make progress, PLEASE ask us if camp is appropriate before scheduling. Children with severe ADHD, autism spectrum, cognitive challenges, behavioral/emotional challenges need private therapy. PLEASE ASK US!

We have an excellent private therapy program, with lab set ups with rewards. We can give full 1:1 attention, progress at your child's pace, and adapt the instruction to spend more time on fine motor or visual motor cueing. For example, in a class/camp, a child would do ONE medium motor activity with sustained attention for 10 minutes in a group, then do fine motor labs with 1:4 ratio, etc, and have lots of transitions between the classroom/gym. A child in private therapy may do 4 - 5 medium motor activities (in giant handwriting lines) for 3 minutes per activity, then have 1:1 instruction at the fine motor labs, then go to the gym for more lab set ups 1:1. We also will often use a light box to do more highly visual 1:1 cueing. For students with autism, we prefer to use a lab set up on Fridays. During the school year, many students go into private therapy at the parents choice, due to scheduling, etc. During the summer, we prefer to limit private therapy to students who really need private, as time slots are limited, especially on Fridays. During the summer, the waiting room/halls/transitions are crowded and busy (quiet once in classroom), except Fridays—we keep the clinic set up for our students with autism. Students who are on the autistic spectrum need private, because fine motor skills are usually one of the things they struggle with most, and we can do some very effective visual cueing techniques and multi-sensory strategies 1:1.

If you are unsure, please schedule an eval with Jan! We can get a good assessment of skills, and spend some time in consultation. We have many kids that parents think may need private, but could do well in camp. We also have many kids that really will need private in order to get the individual attention needed to progress fast! An assessment gives us great information, and is required for all private students due to licensure laws. But more than that, Jan will spend time in consultation answering many questions, and usually telling parents good news about ways we can help your child!