

The Handwriting Clinic



NEW!

FLY IN PROGRAM!

**2015 School Year and Summer
Camp Brochure!**



New location!

3316 North Central Expy
Plano, Texas
75074

972 633-1974

www.TheHandwritingClinic.com

(right behind Joe's Crab Shack)



Fun! Group Classes and Private Therapy!

Summer Schedule 2015:

June 8, 9, 10, 11 – Exceptional Needs Camps -

9 – 11 am KidSkills Camp
(ages 4 – 6)

Instructors: McCleskey/Hamm

12 – 2 am KidSkills Camp
(ages 7 – 11)

Instructors: McCleskey/Hamm

June 15 – 25 Summer Camp Session 1 – all regular camps

June 29 – July 9 Summer Camp Session 2 – all regular camps

July 13 – 23 Summer Camp Session 3 – all regular camps

July 27 – Aug 6 Summer Camp Session 4 – all regular camps

Aug 10 – August 13 Intensives Private Therapy Week (Mon – Th) Session 1

August 17 – 20 Intensives Private Therapy Week (Mon – Th) Session 2

Starting Monday,
3-23-2015 online
registration for classes or
camps will be available.
You will be able to view the
schedule online. Or call
972 633-1974 to register.

*** Intensives Private Therapy is designed primarily for out of town students. A child can schedule a morning and an afternoon session Mon – Th, to get intense work on fine motor, handwriting, or keyboarding skills. Homework will be given every evening. The student will be given an individualized home program on the last session for continued practice and skills. This is ideal for students who may be in town visiting a relative. There are hotels close by, and lots of fun activities in the area.

*** All camps are Mon – Th x 2 weeks, except for the Exceptional Needs camp and the Intensives Private Therapy Week

*** During the summer months, regular private therapy, is on Fridays. We set up the clinic on Fridays, in centers with themes, so that our private therapy students have the entire space, in a quiet setting. Some ongoing slots are given during the week at 9:00 am. Private therapy can reserved as a 2 week, M – Th session, but must be prepaid if it will be during our normal summer camp schedule. Otherwise, call for open times.

*** \$100 deposit required to register for summer camps. This is a non-refundable deposit, but will be applied towards the total class fee.

Why participate in camps, classes or private therapy at The Handwriting Clinic?

We have a team of occupational therapists that have been highly trained in fine motor, visual motor and handwriting skills. We use the First Strokes® Handwriting Programs – which complement any program used in public or private schools. The Handwriting Clinic has been serving children in the DFW Metroplex since 2002, and our programs are researched based, effective programs. But...the main reason is that we see so many kids make progress and have FUN at the same time!



One of our classrooms at The Handwriting Clinic

What is a typical class/camp like?

- 5 minutes large motor work in our gym (writing letters in the air/eyes closed, instruction on the first stroke or letter attack skills within categories of letters)
- 15 minutes of medium motor work (using exploding paint in giant sized handwriting lines, shaving cream, or other really cool mediums). We teach handwriting error recognition, touchpoints on the writing lines and work on sequencing.
- 10 minutes of small motor work - working in the workbooks. We use workbooks that categorize letters by their first stroke, with built in techniques for a consistent terminology for sequencing letters using non-busy handwriting lines. WE TEACH KIDS TO USE 3 LINED PAPER!!! ALL curriculum is designed to generalize to standard handwriting (D'Nealian, Block Print, or Cursive) used within the regular classroom!
- 20 minutes of GRASP AND WRITING LABS/ZANY PROJECT- (younger students in preschool - Kindergarten) - work on fine motor skills, coloring, cutting with scissors, writing generalization, more multi-sensory writing.
- 10 minutes of ZANY WRITING LABS - older students do 3 minute, high interest craft project (ex. making green jello aliens) and then writing sentences or paragraphs about the craft. This works on generalization of skills learned in class.
- 5 minutes of visual memory or reversal techniques
- 5 minutes of parent training.

How to Register for Classes or Summer Camps?

- We start registration right after Spring Break! Call The Handwriting Clinic at 972 633-1974 for any questions. Our office manager will chat with you, answer questions and get some intake information on your child. Our office manager usually can lead you to the correct class or therapy and can answer most questions. For children who focus well in a small group, have no learning or attention differences, we usually can just do a phone intake and help you decide which class to enroll your child in. If you have further questions, or if your child has attention and or learning differences, we often recommend a screening. A screening usually takes an hour, involves both working with the child, and a parent conference. Some of our students need private instruction due to attention challenges, various diagnosis, or significant delays in visual or fine motor skills. Many times students function well in a group in other settings, but when we work on the things they have the most trouble with, they work best with individual instruction. We see many students – from preschoolers, to high schoolers. Often the older students from middle school through high school, work best individually – as there is not a feasible way to get older students to have enough time in their schedule to coordinate a class with other students. However, with older students, usually we can make progress in a very short amount of time. For preschool through older elementary students – we typically need to see a child 8 – 12 sessions – either in a class or private therapy setting. Our classes incorporate many children who are gifted, neurotypical, and students with mild learning differences or ADHD. For a variety of reasons, many children who do very well in school, even taking advanced classes and curriculum – need work on handwriting! We have a wide variety of diagnoses we serve through our private therapy program – autism, Down syndrome, learning differences, developmental delay, etc. Sometimes we see children privately just because it works best in their schedule, or because a parent thinks they need some extra 1:1 help.
As of 3-23-15, you will be able to view classes and camps online. Registration will also be available online. You can also register by calling our office. You can contact our office manager at 972 633-1974 or via email at office@thehandwritingclinic.com. Office hours vary depending on the office managers need to stay for late classes, but generally are from 11:00 – 4:00.
- If you want to be added to a wait list for a class, please call our office.

How to Register for Private Therapy, Assessments or Screenings?

- Please call our office 972 633-1974

Make up Policies:

Our make up policy is for a student to attend a similar class. For an 8 session class, one make up is allowed total. For a 10 - 12 session class, up to 2 make ups may be made up. Occasionally, if we have OT students during the school year, we can schedule a make up session individually for 30 - 45 minutes – on Friday afternoons only. Therapists do not do individual makeups, unless a parent would like to pay an additional private therapy fee. We strive to provide make ups but sometimes it is difficult to provide make ups if a parent cannot make our Friday times, or a similar class time. We apologize if we are ever unable to accommodate make ups.

Chart of classes/grade levels – (Summer = going into the next grade level)

<u>CLASSES</u>	Preschoolers 3 – 4 y/o	Kindergarten	First Grade	2 nd grade	3 rd , 4 th , 5 th 6 th
Preschool Power	Summers only				
Scribbles to Shapes	Summers only	Summers only			
Sensory Motor ABC Class	Fall or Spring only				
Advanced Sensory Motor Print (Summer/School Year)	Pre-requisite Sensory Motor ABC or Kids Beginning Print.	Pre-requisite Sensory Motor ABC or Kids Beginning Print.			
Kids Beginning Print (Summer/School Year)		K/1st	K/1st		
Sensory Motor Print Class (Summer/School Year)			1 st /2 nd		
WHAM (Summer/School Year)				2 nd – 3 rd graders (younger class)	4 th – 6 th graders (older class)
Cursive Class (Summer/School Year)				2 nd – 6 th	
Keyboarding Class (Summer/School Year)				2 nd – 6 th (we group by age)	
Grasp Class (Summer/School Year)			1 st – 6 th		
Numbers Session for Number Reversals (1 private session)		K – 6th			
Letter Reversals Session (1 - 2 private sessions) Pre-requisite: any print class.		K – 6th			

PRESCHOOL CLASSES

The is the BEST age to work on readiness skills - BEFORE kindergarten!

Preschool Power Finger Gymnastics Class - Fine Motor Class (Summer only)

Preschool Power Finger Gymnastics Class (3.5 - 4 yrs) - Super fine motor readiness class for beginning learning of stroke development using multi-sensory activities! Students work on grasp development, eye-hand coordination, coloring, scissors skills, fine motor control and strengthening skills. Multi-sensory, gross motor learning of letter formation! 4 children/class. Grasp/fine motor labs. Students must be able to focus, attend and benefit in a small group class and allow others to attend as well. A fine motor report card will be performed at the end of this session. A First Strokes Sea Animal Fine Motor Kit will be provided.

8 sessions \$280 class fee plus \$36.00 for fine motor kit and \$10.00 preschool workbook. (Transportation or Sea Animal Kit) Total class fee with tax \$329.79

Scribbles to Shapes – Visual Motor Class (Summer only)

Visual Motor Readiness Class (4 - 6 yrs) - This class works on visual motor readiness - a big part of Kindergarten testing! Students will work on drawing shapes, scenes, draw a person, animals, and emotions, while continuing to refine grasp development. Students will begin to learn to draw through many awesome art projects (even suitable for framing!), Common Kindergarten testing items and skills, are for students to learn to draw a person (with a neck, all facial features, etc), draw shapes, animals, objects and be able to draw pictures to represent ideas, actions and stories. Students must be able to focus, attend and benefit in a small group class. **\$299 8 sessions No workbook fees or tax.**



Sensory Motor ABC Class I - Multisensory Handwriting Class - Lower Case (FALL/SPRING ONLY)

Sensory-Motor ABC Class (4 - 5 yrs)- Multi-sensory class to actively learn lower case letter formation using multi-sensory activities. This class introduces the concept of lined paper, although the emphasis of this class is correct letter formation and grasp development through fun, exploratory multi-sensory activities. Class continues to work on fine motor readiness for Kindergarten through grasp and fine motor labs. 4-5 children per class. Students will work on letter formation through large motor (ex. in our gym on giant handwriting lines), medium motor (ex. with fizzing paint/qtip on 4 inch handwriting lines, and small motor (workbook and handwriting paper). We have a gym where students will work on visual memory and letter recognition skills in fun games. For example, they can write the letters of the day in the air, then jump into our foam pillows from a platform. There is always a zany writing topic, for example, a shaving cream puff monster. Students will then write either the letter of the day or practice writing words about the craft. We have the COOLEST projects.. Parent training at the end of every class, to go over homework and set a home program for working on sequencing of letters and fine motor skills.

12 sessions

\$456 (plus \$12.00 + .99 tax workbook fee = \$468.99) total ratio 1:4.

(FALL or SPRING CLASSES ONLY BUT REGISTRATION BEGINS IN LATE SUMMER)

Advanced Sensory Motor ABC Class II - Multisensory Handwriting Class - Upper Case with Lower Case Review)

Upper case letters, followed by multi-sensory work on visual memory and handwriting practice, in our gym. The student will also review the lower case letters, and then do a zany writing craft to work on lower case review. Students will also work on Kindergarten readiness skills (drawing people, animals, scenes, shapes). Pre-requisite - Sensory Motor ABC Class 4 students **8 sessions**

\$299 (plus workbook fee of \$13.00 + \$1.07 tax = \$313.07)

HANDWRITING CLASSES - Elementary

Kids Beginning Print Camp -

Kids Beginning Print (For kids K or 1st grade) (Emphasizes grasp development, and letter formation within handwriting lines. Teaches lower case print through the First Strokes curriculum and multi-sensory techniques. Grasp and writing lab! Excellent class for beginning writers or kids who need extra help. Block or "Snail Tails" printing. Objectives: Students will write the alphabet from a - z within the handwriting lines, with good spacing, consistency of size and form, and sequencing of letters and no reversals. Students will also develop fine motor readiness skills with correct grasp patterns, and separation of the 2 sides of the hand for manipulative writing skills. This class will also work on writing letters from visual memory within the handwriting lines, without having to copy the letters (this objective is mainly for older students who may be entering First Grade - although the younger students will work on developing this skill). **Class ratio: 1:4**

We have 3 names for this class on our online schedule:

1. Kids Beginning Print: Fall/Spring 12 hours (1 x week for 12 sessions)

Kindergarteners - \$456 class fee (plus plus workbook fee of \$12.00 wb fee + \$.99 tax = \$468.99

First Graders - \$456 class fee (plus plus workbook fee of \$13.00 wb fee for K + \$1.07 tax = \$ 470.07

2. Summer Camp Kids Beginning Print Camp: 16 hours (M – Th x 2 weeks)

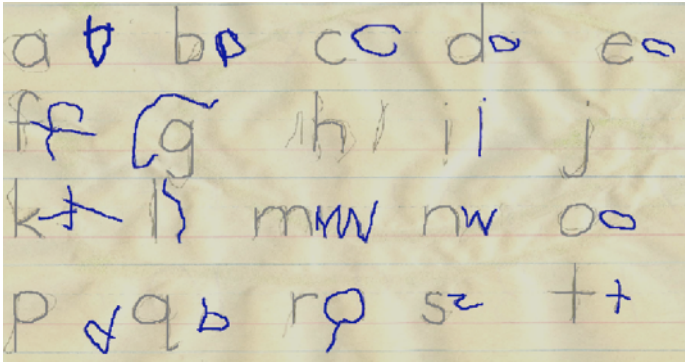
Kindergarteners - \$560 + workbook fee of \$12 + .99 tax = \$572.99

First Graders - \$560 + workbook fee of \$13.00 + \$1.07 tax = \$574.07

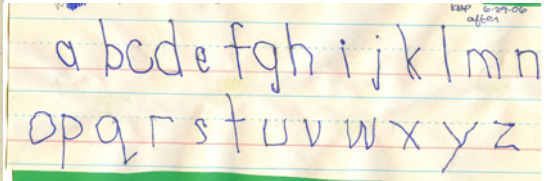
3. Saturday Kids Beginning Print Camp (school year): – 16 hours (2 hours per Saturday for 8 sessions)

Kindergarteners - \$560 + workbook fee of \$12 for K + .99 tax = \$572.99

First Graders - \$560 + workbook fee of \$13.00 for 1st graders + \$1.07 tax = \$574.07



BEFORE



AFTER



Advanced Kids Beginning Print

The student will work individually on upper case letters, going over several letters a day within stroke groups. This lab will be enhanced with a multisensory computer program, that goes over phonics, letter recognition and stroke formation for upper case letters, followed by multi-sensory work on visual memory and handwriting practice, in our gym. The student will also review the lower case letters, and then do a zany writing craft to work on lower case review.

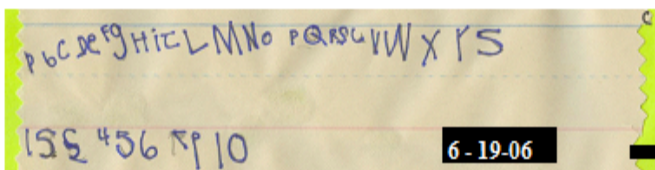
Pre-requisite - Sensory Motor ABC Class I or Kids Beginning Print **8 sessions**

\$299 plus \$13.00 workbook fee + \$1.07 tax = \$323.07 total

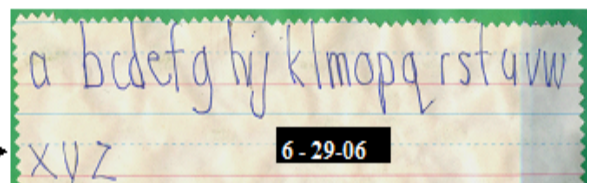
Sensory-Motor Print Class (1 - 2 graders)

Re-teaches print formation with the First Stroke concepts and letter groups, using cool, multi-sensory strategies. Both standard print or "snail tails" style handwriting are taught. This class is for students who have learned print, but have difficulty with sequencing letters, writing within handwriting spaces, or with letter formation. Zany writing topics for writing generalization/sentence activities each session! **8 sessions**

\$304 plus \$13 workbook fee + \$1.07 tax = \$318.07



6 - 19 - 06



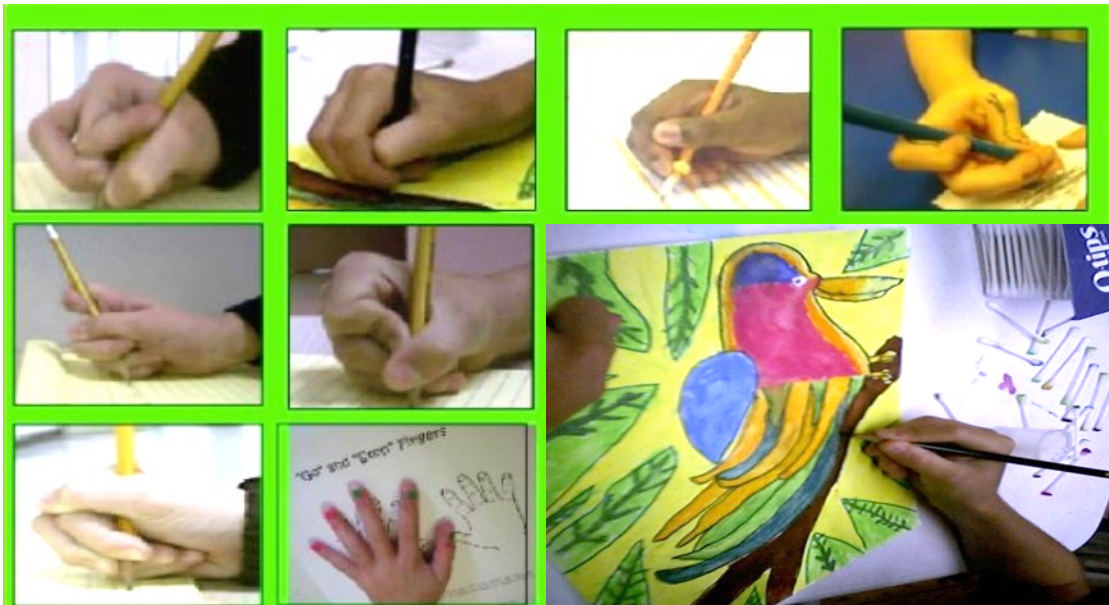
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Grasp Class (middle of K – 5th grade)

Art class with fine motor challenges, games and art projects for students with funky grips on pencils! Students are taught how to hold a pencil correctly, then do fine motor exercises and art projects to work on the new grasp pattern. Funky grips can lead to fatigue, pain when writing and biomechanical stress to a joint that may cause problems later. Students do a final art project suitable for framing! Taught by an occupational therapist. This class is fun, and we love kids that are in our handwriting classes to attend this class if they have a funky grip. Our other classes work on legibility, this class works on fine motor skills, coordination, and grip patterns. **(First - 5th grade) (4hrs total) - \$140 plus \$10.00 workbook fee + tax .82 = \$150.82**

School year classes are 2 hours, 2 sessions
Summer camps are M – Th x 1 week.



NUMBER REVERSALS SESSION!

We can usually teach kids to not reverse numbers in ONE session! We do this in a private session - \$100. Comes with a home program. 1:1 individual session



1 5 E 4 2 6 5 8 P TO 1 2 3 4 5 6 7 8 9

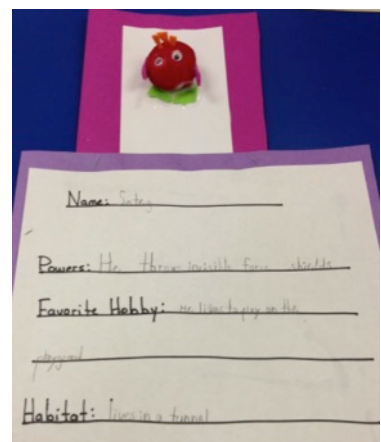
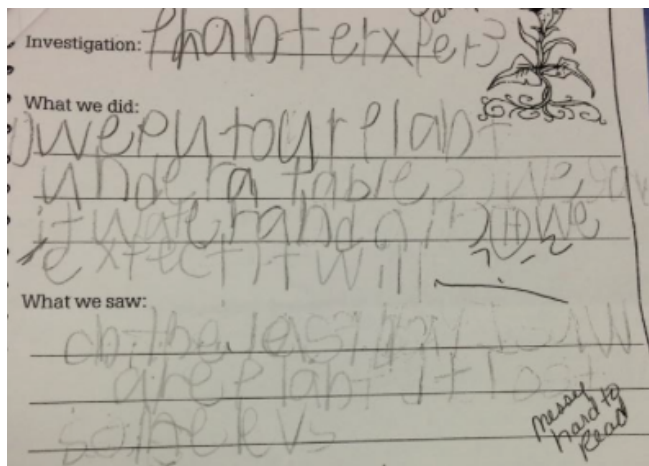
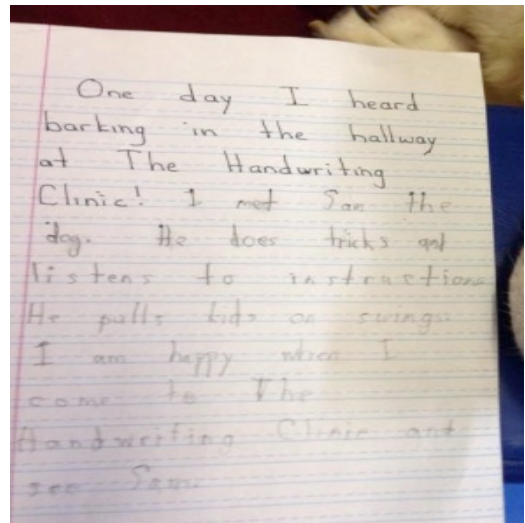
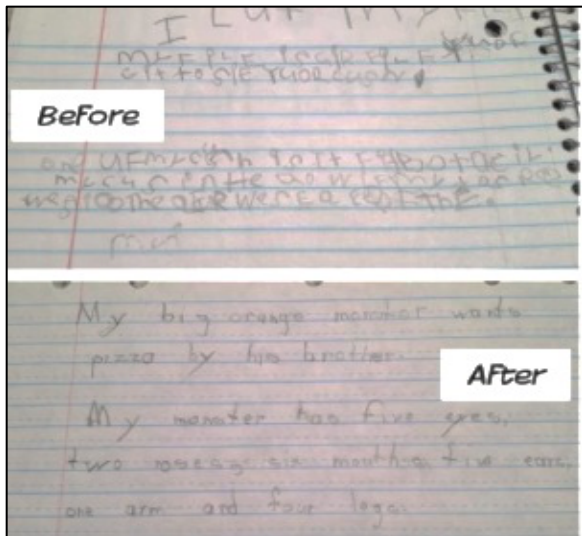
LETTER REVERSALS SESSION!

We work on letter reversal strategies in our Kids Beginning Print and our Sensory Motor Print classes. However, if your child reverses many letters – we usually recommend one private session with a home program. This allows us to intensely work on the letter reversals. Usually we recommend this session towards the end of a print class. We do this in a private session - \$100. Comes with a home program. 1:1 individual session.



WHAM Class - Writing, Handwriting and Math Legibility - (PRINT)

For older kids - 2nd through 4th, 5th - 7th. (We group by age) Work on print legibility techniques for sizing of letters on notebook paper, and for handwriting error recognition. Many students 2nd grade and above, develop impulsive handwriting, and have a "need for speed" handwriting to get their schoolwork done. With the need for speed handwriting, many students decrease legibility. Many other students, just do not know the techniques for how to place writing within the lines on regular notebook paper. We use the One Hr to Legibility Program, to teach quick legibility techniques, and add in FUN, multi-sensory learning activities such as writing with exploding paint, to practice techniques. Students will also work on math and numbers legibility, cool writing projects, training notebook paper, generalization skills to notebook paper and fill in the blank worksheets/assignment logs, etc. Students will do a zany writing topic most sessions, to practice generalization of skills taught within a lesson. Zany writing topics are fun science type activities - students may writing the ingredients down, or a paragraph about what happened. Examples of zany topics might be, shaving cream puff monsters, alien eyeballs, or playdoh superheroes. **8 sessions 1 hour/session \$304 plus book fee \$15.00 + \$1.24 tax = \$320.24** Classes are grouped ("Younger class" 2nd/3rd graders) or ("Older class" 4th - 6th graders)



Fill in the blank worksheet: **BEFORE**

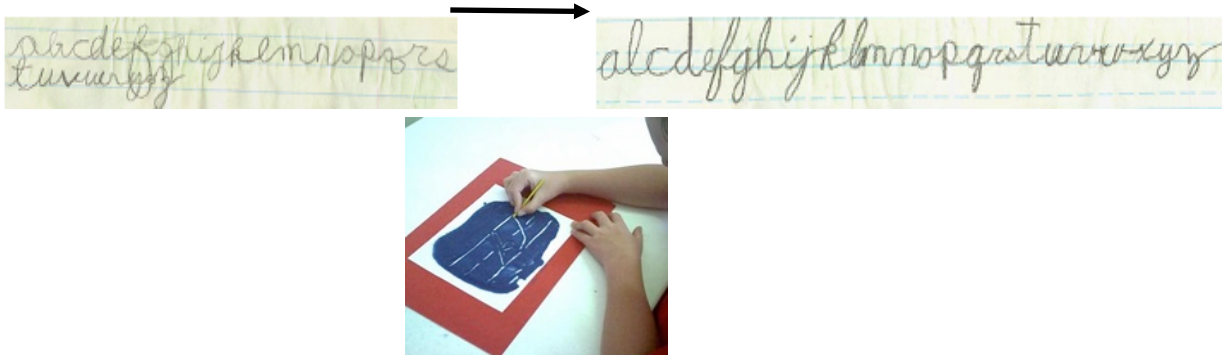
AFTER

Sensory-Motor Cursive I Class - (2nd - 5th)

Beginning or remedial cursive class using simple, easy to remember formation strategies for lower case letters. Class works on visual memory and increasing speed of writing while maintaining legibility. Cool, zany writing topics to generalize cursive into functional handwriting skills. **This session is 10 sessions during the school year but during the summer it is 8 sessions due to our summer camp schedule.**

School year: Cost of 10 session class during school year (no Fri labs), is \$380 plus \$16.00 workbook fee + \$1.32 tax = \$397.32 total).

Summer camp: Cost of 8 session camp in summer is \$304 plus plus \$16.00 workbook fee + \$1.32 tax = \$321.32. * Students are encouraged to attend a Friday speed and visual memory Lab and a Friday capital letter lab at \$25 per session during the summer.**



Keyboarding Classes

Multi-sensory keyboarding class using fun, creative techniques to learn home row keys, keyboard and fluency. Students will even practice keyboarding skills in our motor gym! This class integrates ON-keyboard practice through a typing manual, with creative, multi-sensory typing OFF-keyboard activities. The students even do gym games, type creative art recipes, and hands on keyboard memorization activities.

8 sessions, (2nd through 5th, 6 - 8th grades) \$320 plus \$22.00 manual fee + \$1.82 tax = \$343.82 , 4 students per class ONLY.



NEW!

FLY IN - DRIVE IN PROGRAM!



Spend 4 days at The Handwriting Clinic for intensive work! Choice of 2 sessions:

Aug 10 – August 13 Intensives Private Therapy Week (Mon – Th) Session 1

Or

August 17 – 20 Intensives Private Therapy Week (Mon – Th) Session 2

Schedule 2 hours at the clinic per day for a total of 8 hours. We can individualize to work on fine motor, print, remedial print, cursive, or keyboarding skills! This is similar to our summer camp sessions, except that on a private bases, we can squeeze in skills. You do not have to live out of town to schedule intensive privates! These are the only two weeks we are devoting time for one week intensives. CALL CLINIC FOR SCHEDULING TIMES

Cost: \$100 per hour

Private Therapy

The Handwriting Clinic is a licensed Occupational Therapy facility. Private occupational therapy is available for students who need 1:1 therapy for fine motor skills, readiness skills, visual perceptual skills, or assistive technology options. We are a specialty clinic in that fine motor skills, visual motor skills, pre-handwriting, handwriting and developmental fine motor skills is all we do.

Handwriting/Fine Motor Assessment - \$150.00

Class screening (if needed) - 1/2 hour - \$75

The difference between an assessment and a screening:

We often do in depth screenings/consultations for students to determine whether to place in a group or individual setting. Screenings also work to identify specific interventions for students who will be going into classes. Occasionally we will pick up a student for short term tutoring, and we can do a screening if that student is following our general curriculum. We also have students that have been through our classes, and just need some extra individual help, for example, with reversal strategies. Screenings and individual private therapy for short term, extra help, are not reimbursable for insurance.

If your child will be participating in our private therapy program and not in group classes, we need to do an assessment. Assessments will cover a variety of skills, and allow us to develop an individual plan of care, rather than follow a general curriculum. For private therapy students, if you get a prescription from a physician **PRIOR** to the assessment, we can fill out a medical receipt that may allow you to seek reimbursement from an insurance company. Please call our office manager for some specific ICD-9 codes that we typically get referrals for. If a student qualifies as having low tone, or a fine motor delay upon assessment, and we have a prescription – then we can fill out a medical receipt form. Parents are responsible to pay as services are rendered, and are responsible for all contact with their insurance company, and for submitting all receipts for reimbursement. If we do not find a delay during the assessment, then we cannot continue to give medical receipts for private therapy, but can give a medical receipt for the assessment.

We keep our rates for assessments and private therapy, well below the standard private therapy rate for the DFW area. Most of our students are private pay. Examples of services that might be reimbursable: grasp pattern that results in biomechanical stress to a joint, tremor when writing, neurological diagnosis, low muscle tone, developmental delay. We see many students in private therapy with various diagnoses – autism, Down's syndrome, neurological disorders, severe learning differences, significant attentional issues, emotional disorders, etc. During the summer, all private therapy students who require a non-busy, quiet setting (autism, etc), are scheduled on Fridays due to summer camps running M – TH. During the school year, we can accommodate private therapy students most days, but still a majority come on Fridays when the clinic is less busy and quieter.

Private therapy rates:

\$100 - 1 hour

\$80 – 45 minutes

\$60 - 1/2 hour

Kid Skills Camp!

This camp session is just for students with exceptional needs.

June 8, 9, 10, 11 – Exceptional Needs Camps -

9 – 11 am KidSkills Camp
(ages 4 – 6)

Instructors: McCleskey/Hamm

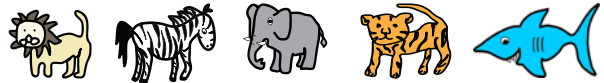
12 – 2 am KidSkills Camp
(ages 7 – 11)

Instructors: McCleskey/Hamm

Monday – Down on the Farm



Tuesday – Where the Wild Things Live



Wednesday – At the Beach



Thursday – LocoMOTION



The Handwriting Clinic is your therapy FUN zone this summer camp session! Each camp session works on fine motor skills and grasp development. We will work through our theme based fine motor labs, play games, and do art projects and crafts. We will also work on exploring letters, words, and sentences using pictures/words. Work on scissors skills, tongs skills, coloring skills, and other fine motor skills. Strengthen little hands, work on eye hand coordination, and play in our sensory rich, fun activities!

Parents will receive a thumb drive, with theme based fine motor labs for each of the four themes, for home practice. FREE products!

Cost: \$380

Private Therapy with our OT Student

Our OT student this summer is Molly Hamm. Molly is from Creighton University, pursuing a doctoral degree in occupational therapy. She will be with us May – August 7. As we have done the past 5 summers, we offer our OT student to do private therapy on Fridays, at a reduced rate. If your child has been in our classes, camps or private therapy in the past, and just needs some extra help during summer, you may want to consider having Molly work with your child! We set up the clinic on Fridays, for theme based private therapy, to work on individual goals. She can give your child 1:1 help, with individualized attention. This is not for new students at the clinic who have not been through any of our classes or therapy.

Student rates:

\$60 - 1 hour
\$50 – 45 minutes
\$40 - 1/2 hour



Our OT student rates are only available for ongoing private therapy. Classes, reversals sessions etc do not apply.

OLDER TEEN/ADULT INSTRUCTION:

Think handwriting legibility is just for kids? Would you want your doctor to write prescriptions that are not legible? Why do doctors “have the worst handwriting”? They are the target of jokes, but many adults in high school, college, and beyond have poor handwriting legibility! If our grade schoolers have a “need for speed” in writing, with decreased legibility, imagine what years of practice of poor legibility can do to handwriting!

Did you know that the Dallas Morning News reported that it takes only 30 - 90 seconds to grade the average SAT essay?

If you would like to have more professional handwriting, and improved legibility, we offer adult legibility sessions for students in middle school, high school or adults.

Individual sessions are at our private therapy rate. However, for older teens and adults, legibility can usually be helped in just 2 - 3 sessions. We consider these sessions “tutoring” so no need for an assessment or screening. We will screen handwriting and begin legibility work the first session, and send you off for a home program. Then we will add skills the second session. If a third session is needed, we will refine skills!

Older students/adults private session rates:

\$100 - 1 hour
\$60 - 1/2 hour